



# TWISTERS

*Twisters is a registered 501(c)(3), non-profit, providing health and fitness activities for families of Jefferson County.*

## Special Needs Open Gym

*We are very excited to announce that Twisters is now offering Open Gym for kids with special needs and their families! Join us for an hour of jumping, climbing, spinning, running and tons of FUN. Open Gym is an ideal space for kids to develop their gross motor skills, sensory system, independence and social skills without the structure of a class!*



★ **Saturday, March 21, 2015**

2pm- 3pm

★ **Saturday, April 4, 2015**

**Different Time:** 3pm- 4pm

★ **Saturday, April 25, 2015**

2pm- 3pm

★ **Saturday, May 30, 2015**

2pm- 3pm

**\$7 per  
child**

### Open Gym Details:

- Parent or caregiver must accompany child during Open Gym
- Suitable for all ages- siblings are encouraged to join us!
- Wear comfortable clothes- please no buttons, snaps, zippers or jewelry
- Children and parents are required to have a signed waiver on file
- Children with Down syndrome must have an x-ray and medical release from doctor stating child does not have Atlantoaxial Instability (AAI)
- If you have questions about Special Needs Open Gym please call us at 360-531-0748

[www.twistersgymnasticsandtumbling.com](http://www.twistersgymnasticsandtumbling.com)

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